



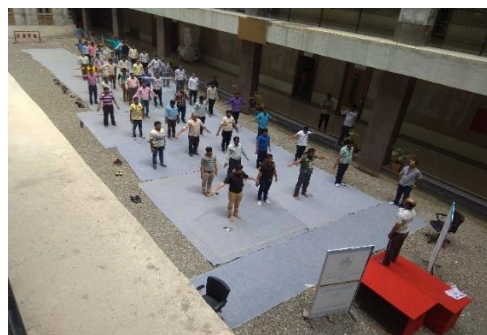
Shri Vile Parle Kelavani Mandal's
INSTITUTE OF PHARMACY, DHULE
Behind Gurudwara, Mumbai-Agra Highway, Dhule (MS)

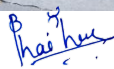
Brief report on Yoga Camp

Title of Event : **Yoga Camp – An awareness program on Yoga**
Date : **21st July 2018**
Organized by : **Shri Vile Parle Kelavani Mandal's Institute of Pharmacy, Dhule in association with Yogvidya Dham Dhule**
Theme : **“Yoga for Peace”**
Venue : **Pimpaladevi High School, Mohadi.**
No. of Participants : **50**

Shri Vile Parle Kelvani Mandal's Institute of Pharmacy, Dhule, *Yoga* camp was organized on 21st July 2018 from 08:00 am to 11:00 am. A total of 5 sessions on yoga was conducted for villagers/local residents in nearby areas and Mohadi village. In all sessions, the systematic practice of different ASANAS of standing, sitting and laying positions smoothly changed in succession under the instructions of Mr. Jayant Vibhandik – an eminent teacher from Yogvidya Dham, Dhule. and supervision of trained student volunteers. During this session of "Yogabhyas", Jayant sir also narrated the usefulness of different "Asanas Pranayam and Yogmudra as a precautionary measure, in curing many diseases and the usefulness of Yoga in the overall well-being of a human being. The entire "YOGABHYAS" session was lasted for almost three hours and concluded with a Sanskrit Shloka.

Event Photograph:




Mr. Parvez Shaikh
Coordinator

Dr. Sameer N. Goyal
Principal